




WHERE CAN I GET HELP?

-  LOCAL RCMP OFFICE
(DIAL FIRST 3 NUMBERS FOR YOUR COMMUNITY AND -1111)
-  LOCAL HEALTH CENTER/HOSPITAL
-  National Human and Sex Trafficking Support Line –
The Chrysalis Network
1-866-528-7109
Free, confidential trauma counseling
-  Nunavut Kamatsiaqtut – Help Line
1-800-265-3333 7pm – 12 midnight
-  KIDS HELP PHONE
1-800-668-6868